

Application Instructions

SMALL / MEDIUM LYMPHATIC SPIDER™ basic application



Helps with the following conditions:

- Muscle strains
- Acute injuries
- Chronic joint swelling
- Edema
- Lymphatic congestion
- Bruising
- Postoperative recovery

1 Determine the area of the injury/edema and select the correct size of Lymphatic Spider. Determine where you will position the application.



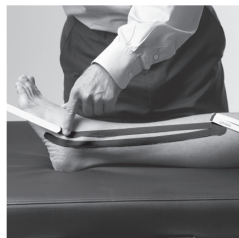
2 Tear all the perforations and peel off the backing of section 1, applying the tape as you peel, ensuring that your projections do not touch the adhesive side of the tape. Rub the tape to activate the glue, anchoring the application's base to the skin.



3 Lengthen the muscle group you are applying the tape to and proceed to apply the outside projection of the Lymphatic Spider to the outside edge of the area being treated, without stretching the tape (paper off tension).



4 Apply the next projection by removing the backing as you apply, with a small stretch of the tape, leaving a gap between the outside projection and the next that is less than the thickness of the projection.

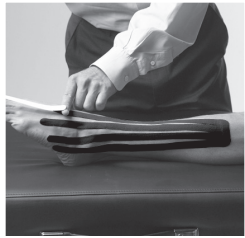


Application Instructions

ENGINEERED FOR MOVEMENT™



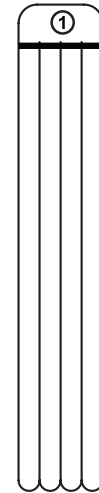
5 Repeat step 4 for the next projection again ensuring that you provide a slight stretch of the tape, and do not touch the adhesive during application.



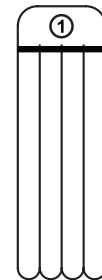
6 Repeat with the last projection, placing it on the inner edge of the area under treatment.



7 Once the application is applied, gently rub tape to activate the glue.



MEDIUM



SMALL

