Application Instructions



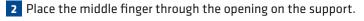


FLEXORS



1 Before applying the brace tear all of the perforations. Have the client extend the arm downward, relaxing the hand.

- Helps with the following conditions:
- Sprained wrist
- Wrist instability
- Carpal tunnel syndrome
- Hypermobility
- Tendinopathies of the fingers



- Peel off the backing of section 1 and apply the tape to the palm of the hand with no stretch.
- 4 Peel off the backing of section 2 and adhere to the back of the hand with no stretch on the tape. Gently rub over top of the tape to activate the glue.
- Hold the wrist in a flexed position with the fingers pointing down. Start peeling back the backing of section 3 and apply over the forearm with no stretching of the tape.

6 Once the brace is applied, gently rub the tape to activate the glue.



E N G I N E E R E D F O R M O V E M E N T

