## **Application Instructions**

## LARGE LYMPHATIC SPIDER™ basic application





1 Before applying the support tear all of the perforations.

Determine where you will position the support and then start peeling off the backing of section 1 as you apply the tape.



2 Lengthen the muscle group you are applying the tape to and proceed to apply the outside finger of the first half of the "fingers" being applied to the muscle group. The finger should be applied in a curve, crossing from the outer boundary of the treated area to mid-area of the treated area, with no tension.



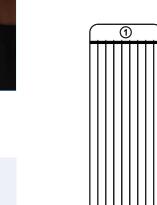
3 Apply the remaining fingers of this half following the curve of the outside finger, with at least a gap equal to the width of the fingers.



4 Apply the other "half" of the fingers curving back across the previously applied section, creating a cross-hatch in the treatment area.



Once the support is applied, gently rub tape to activate the glue.



## Helps with the following conditions:

- Muscle strains
- Acute injuries
- Chronic joint swelling
- Edema
- Lymphatic congestion
- Bruising
- Postoperative recovery



